



FERNLEA LIFE CARE

Is a new initiative of Fernlea House Inc, which is a community based organisation and registered Charity.

*Fernlea House
"Living, Laughing, Loving " in
Palliative Day Respite*

Fernlea
House Inc.

FERNLEA
LIFE CARE

FERNLEA LIFE CARE

- Recognises that the **QUALITY** of peoples lives is paramount when they have been diagnosed with a Life Limiting Illness or suffer the consequences of a chronic condition.
- We Provide tailored solutions for your care, support and respite needs to assist Carers maintain a quality of life for themselves and those they care for.
- We utilise the experience and expertise of Fernlea House staff, who have been providing Palliative Day Respite and home outreach for over ten years.
- Complementary Therapists will be available as part of support.

Fernlea Life Care understands how important it is for you to be able to care for your loved ones who have Life Limiting Illnesses and chronic conditions, including dementia, while you may still need to work, or as their conditions progresses.

If you live in the Council areas of Yarra Ranges, Knox, Maroondah, Cardinia or Casey, we should be able to help you.

Call one of our friendly staff to discuss you needs

03 5968 3895

Find us on facebook

Fernlea House Inc

149 Emerald Monbulk Road, Emerald VIC 3782
www.fernlea.com.au admin@fernlea.com.au



**Quality Care, Support and Respite
at Home or at our Centres
in Emerald & Pakenham**

for people with

**Life Limiting Illnesses and Chronic
Conditions.**

FERNLEA LIFE CARE

We implement the values of kindness, care, compassion, dignity and respect in everything we do. All home support staff are trained in Palliative Care and the "*Fernlea Way*"..

- ☞ Giving clients the best service possible to **make a difference** to them.
- ☞ Understanding and respecting **clients choices**, especially in maintenance of their independence and providing support.
- ☞ Demonstrating a **compassionate**, but highly professional approach
- ☞ Preserving the **dignity** of clients and providing services in a **respectful** manner
- ☞ Heightened awareness of clients **safety** at all times and discretely providing appropriate support.
- ☞ Using a **holistic** approach and being aware of clients physical, emotional and spiritual well being, even if we are only doing clients washing up.
- ☞ Providing services from a **kind heart** and with a **smile** at all times
- ☞ Being **flexible** in responding to clients changing needs, even on the day.
- ☞ **Communicating** in appropriate ways and using active and deep listening
- ☞ **Advocating** on behalf of clients and Carers and providing relevant information



Examples of Services offered by Fernlea Life Care

This list is not definitive, many things could be negotiated, depending of your particular situation.

Personal Care

A trained **Personal Care Assistant** will help your loved one with showering, dressing and medications, meals, activities, beds, laundry, light housekeeping and outings.

Personal Support

A Personal Support worker will assist with clothing and grooming prompts, snacks, errands, conversation & activities and ensure your loved one is safe.

Companionship

Company to play games, read magazines, books, talk, watch movies, knit, craft, etc.

Respite

Someone to be there so you, the Carer can go out and do what you need to.

Socialisation

Having a good time. Its great to have someone to go to the library with, out for a coffee, maybe for lunch, a drive somewhere, or other social activity.

Shopping

Taking your loved one out to do personal, gift or household shopping can make them feel important and independent.

Pet Care

Pets are very special to most of us, so looking after them with and for you, including Vet visits, changing litter etc, can be part of our services.

Home Maintenance

Assisting you to keep your home neat and tidy and clean, including paths, gardens, laundry and kitchen.